

Bring on the World

Day 3 Afternoon session: A fair competition?

Activity 2: Practice for five-a-side football competition

Time required: 1 hour

You will need

- Footballs (enough for one per pair)
- Cones
- Bibs or bands

Aims

- To give pupils the opportunity to work together as a team.
- To enable pupils to evaluate their own and others' teamwork.
- To develop a broader range of techniques and skills for attacking and defending in a game of football.

What to do

As the teams selected to play today will be the same ones playing in the five-a-side competition on Friday, ensure that teams are evenly mixed for ability. (You could pre-select them.)

Before pupils begin any exercise, briefly recap on good teamwork with them, following on from work in Activity 1.

Next spend some time teaching particular skills for paired football practice, such as dribbling, tackling or keeping the ball away from defenders. Ask pupils to talk to one another, giving praise and encouragement. More able pupils can be encouraged to help less able pupils in a positive way.

Spend the second half of the lesson playing mini five-a-side games. Select a captain for each team, who must place players in their positions (2 attack, 2 defence and 1 goalkeeper who could be a 'rush-goalie'). Encourage the captains to ensure that they are thinking about each team member's strengths (and weaknesses) so that they form the strongest team.

Stop the mini-games now and again to remind pupils to remain positive about one another's mistakes and to clap or give praise for good play. Also stop to allow teams to come together to discuss how they might improve their game, asking captains to make sure that all pupils have a chance to speak, and that others listen. Allow the captain to change the team positions, if desired.

Finish by allowing some teams to watch other teams for a few minutes, asking pupils to look out for examples of good teamwork to comment on afterwards.

Suggest that during playtimes before Day 5, the teams may like to get together to decide on a name, discuss tactics, and to consider appropriate kit to wear for the competition. Aim to foster a sense of belonging to the team, which can be discussed on Day 5.

In a plenary, discuss briefly the wider value and impact of teamwork in society, using the quotations in the Background information for teachers pdf to help you.