

Making a Meal of It

Lesson plan 9: Hunger, what can we do?

Age group: 7 - 11

Aims:

To encourage children to consider possible solutions to hunger.

What to do:

Photocopy the **worksheet: Hunger - What can we do?** (below) so that every child has a copy. You could read the statements to the class, discussing them as you go and finding and marking the relevant countries on a world map. The children could also do this work in small groups if they are confident readers.

After you have discussed the statements, ask pupils to list all the ideas people are suggesting to tackle hunger. Suggestions might include: paying people fairly for what they make or do; giving unsold food from shops and restaurants to people who need it; helping people who do not have enough to eat to grow additional food. What other ideas do the children have?

With older children you could then go on to discuss how easy it would be to put these ideas into practice. Why do the children think that some people are still allowed to go hungry when there is actually enough food for everybody? Suggestions may include: because some people do not understand that there is enough food for everyone; because some people don't care if other people go hungry.

Curriculum links:

England	Scotland	Wales
English: - Respond to others appropriately; make relevant contributions; qualify or justify what they think, - Reading for information. Citizenship/PSHE: - Research, discuss and debate issues, problems and events; to think about the lives of people in other places.	English: - Talking in groups. - Listening in groups. - Reading for information. Environmental Studies, Social subjects: - Developing informed attitudes - the importance of interdependence in a local and global context; caring for other members of society.	English: - Respond to others appropriately; make relevant contributions; qualify or justify what they think. - Reading for information. PSE: - Vocational aspect - production, distribution and selling of goods; concern for the wider environment

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Worksheet: Hunger - what can we do?

Danielle lives in Brazil. Her mother says 'The children get a meal at school, but sometimes it is only bread and margarine.' Danielle's mother is trying to grow vegetables to give her children more and better food.

Danielle, Brazil

Anthony and his wife were driven from their land by fighting. When they were able to come back they were given tools and seeds to start farming again. Four months later they were eating what they had grown. Anthony says: 'Today things are different. Now I can grow this food, I feel strong.'

Anthony, Kenya

In the north of England a 'food bank' has been set up. This collects food from local companies and gives it to people who need it. 'Last year 22 tonnes of food went through the bank. The amount of food that's wasted in this country is very sad. What's the point of dumping food in a skip when there are hungry people just around the corner.'

Linsey, Food Bank Co-ordinator

Akasuwa sells her cocoa to a fair-trade organisation which pays her a good price. 'I make more money than I did before. Most of it will go on the children's school fees.'

Akasuwa, Ghana