

www.oxfam.org.uk/education

Our Food, Our World Lesson plan 4: Who am I? (30-50 mins)

Age range: 5-9

Aims

- To become more familiar with Yamini and Luis
- To make connections between pupils' own lives and those of Yamini and Luis
- To understand that a snapshot gives useful but limited information about themselves and others

You will need

The following **photographs**, displayed on a whiteboard or printed out (below and in Power Point):

- Yamini is from India
- Luis is from Mexico

Information on the photographs for teachers (below)

World map or globe

Copies of the **snapshots** for Yamini and Luis (below)

One copy per pupil of the empty snapshot enlarged to A3 size (below)

Copy of the **empty snapshot** enlarged to A3 size or displayed on a whiteboard (below) Felt-tipped pens

What to do

If you have already done one of the 'Favourite foods' starting points, skip to step 2, otherwise begin with step 1.

- 1. Display the mounted portraits of Luis and Yamini alongside a world map (and/or have a globe available). Use the questions from the **Information on the photos for teachers** (below) as a basis for initial discussion about the children. Find India and Mexico on the world map or globe.
- 2. Give out **snapshots** of Yamini and Luis for pupils to read (or to have read to them).
- 3. Next fill out an **empty snapshot** for yourself in front of the group/class to demonstrate to the pupils how to fill it in. Allow opportunities for discussion about what you write. (You are allowed to be vague about your age!)



www.oxfam.org.uk/education

- 4. Now ask each pupil to fill in their own snapshot (younger children/children with SEN may need an adult to scribe for them). Pupils can then compare their snapshot with others in the group/class. Next ask pupils to draw a self-portrait at the bottom of the snapshot (or attach a photograph of themselves).
- 5. At the end of the session, allow time to discuss what the snapshot does **not** tell you about each person, so that pupils begin to see that we cannot assume we know everything about Luis and Yamini from their profiles and snapshots. Also draw attention to the fact that there are differences in what has been written by different pupils (and adults) within the class. Encourage pupils to consider what other children in Mexico and India might have written. Which information in their snapshot is likely to be the same (for example 'common foods' and 'how we get our food') and which might be different?



Our Food, Our World Information about the photos for teachers

Yamini from India



1. Yamini is from India. Yamini (pronounced *ya mee nee*) lives in Kolkata (formerly Calcutta) in the state of West Bengal in India. Kolkata is a big city full of life. *Discussion: Has anyone heard of India? Has anyone visited India? What do you think of when you hear the word 'India'?*



2. Yamini buys fruit on her way to school. On her way to school Yamini chooses a guava for her fruit snack. There are a lot of markets and street traders in Kolkata.

Discussion: Do you like fruit? What fruits do you eat? Do you eat fruit at school?



www.oxfam.org.uk/education



3. Yamini visits a big market. New Market in Kolkata is an exciting maze of stalls. At this stall, Yamini helps choose dried beans, spices and rice. *Discussion: Have you ever visited a big market? What did you think of it? Did you buy anything?*

Luis from Mexico



4. Luis is from Mexico. Luis (pronounced loo eess) lives near Mexico City in a small town called Magdelena. He is carrying the lasso he uses to help his grandfather round up sheep. Discussion: Has anyone heard of Mexico? Has anyone ever been there? Do you know where it is?



www.oxfam.org.uk/education



5. This is a greengrocer's shop which Luis sometimes visits. Luis sometimes helps his mum with the shopping. She chooses the vegetables and salad but he is often allowed to pick a cake afterwards. The green fruit on the left are called black sapote or 'chocolate pudding fruit'. Their pulp is dark brown and sweet, and they are good for making cakes and puddings. Discussion: Where do you buy your vegetables? Do any of you go to a greengrocer's shop? Which fruit and vegetables do you like best?



6. Luis eats a meal with his family. Luis lives with his sister Ana and his parents. At meals, the main food is usually tortilla (a kind of pancake). Tortillas can be fried and filled with tuna, cheese, vegetables, beans or meat to make enchiladas.

Discussion: Do you eat meals with your friends or your family? At what times of day do you eat? Do you enjoy eating with your friends of family?

Name Yamini

Age 7

Address Kolkata, India

My home

I live with Mum, Dad, Gran, Grandad and my sister. We live in a flat in the city.



Common foods

We all eat rice and flat bread. We have meat and lots of fresh vegetables too.

Favourite foods

I love a flat bread called paratha. I have it filled with potato and onion. I like to eat fruit every day.

How we get our food

We go to a big market in the city.

Special day

On my birthday my mum takes me to the park. We have lemonade and pineapple and biscuits.

Our Food, Our World © Oxfam GB 2007

Name Luis

Age 6

Address Magdalena, near

Mexico City, Mexico

My home

My home has two rooms. I live with Mum, Dad and my sister Ana. Gran and Grandad live near to us. They have a small



farm. I am learning to look after the sheep and lambs.

Common foods

We all eat round corn pancakes called tortillas. For breakfast I have rice pudding or cornflakes.

Favourite foods

I love oranges, and fried tortillas with tuna or cheese.

How we get our food

We walk to the shops with Mum. At Gran's house most of the food is fresh from the farm.

Special day

Fiesta is a special time. We pray in church, then we have a big meal at my gran's house. Then there is a fair where we eat ice cream and have a go on the rides.

© **Oxfam GB 2007** Our Food, Our World

My Snapshot

Our Food, Our World

Name	[Insert frame here for pupils to add own photo, as in
Age	existing snapshots]
Address	
My home	
Common foods	
Favourite foods	
How we get our food	
Special day	

© Oxfam GB 2007