

Your World, My World

Lesson plan 7: Sasha helps out

Age group: 4 - 7

Aims:

Through a story, to introduce the concept of helping.

What to do:

You will need:

- Photos 13, 14, 15, 16, 17 and 18 from the photo gallery (in Power Point)
- **Sasha's story** (below)

Read Sasha's story holding up the appropriate photos. Talk about all the things that Sasha does to help his family. Now go around the class, asking children to say ways in which they help at home. Take care to ensure that doing housework is not seen to be exclusively undertaken by girls and women!

Talk about the 'rewards' that children get for helping out. Do they 'work' for pocket money, or do they help to be kind? How can sharing activities such as jobs around the house make it easier for everyone? (Sasha and his brother both help to move the heavy water carrier.) How do we feel when we help out? Why is it important?

Curriculum links:

England	Scotland	Wales
Citizenship/PSHE: - To realise that people and other living things have needs and that they have responsibilities to meet them. - That family and friends care for each other. English: - Speaking and listening. - Group discussion and interaction.	Environmental Studies, Social subjects: - Developing informed attitudes; the part they can play in caring for other members of society. PSD: - Express positive thoughts about themselves; Religious and Moral Education: - Respond to care shown towards them by showing care and concern for others.	PSE: - To realise that people and other living things have needs and that they have responsibilities to meet them. - That family and friends care for each other. English: - Speaking and listening. - Group discussion and interaction.

Your World, My World

Sasha's story



My name's Sasha. I'm eight years old and I live in Siberia, which is in Russia. Siberia covers a big area but not many people live here because it gets so cold in the winter. That's why I have to dress up so warmly. (Photo 13)

I live with my mum and stepfather, my brother Vanya and my sister Yulya. My grandmother, who I call Babushka, also lives with us. I've got two pets - Pushok (which means Fluffy) the cat, and Fil'ka the dog. My stepfather is often away working and since I'm the oldest boy in the house I often help out. Every morning I'm up early. I help to look after Yulya and to dress her. (Photo 14)

I also share some of the jobs around the home. Every two days I go to collect water from the well. Vanya often helps me which makes it easier. (Photo 17) We borrow a sledge from our neighbour because the churns that we fill up with water are very heavy. Both of us have to pull together to bring the water back home. We take Fil'ka with us. In the winter I also clear snow from the path and bring in logs for the fire.

I walk to school - it's not very far. I often run so that I can get there ahead of the other children and surprise the teacher by being the first in the class. There are 14 children in my class. (Photo 16) I like reading stories and at break time we play chase and blind man's buff.

After school, I help get our main meal ready. We eat at about 3.30. I'm very good at cooking. I especially like making pancakes, which we eat with jam. (Photo 15)

Life in Siberia is very different in the summer and winter. In winter, my favourite game is making snow houses with Vanya. It takes almost a day to finish a house. I make the inside flat and smooth and then make little tables, chairs and beds out of the snow. (Photo 18)

I love the summer here. I help out by going with my mum, stepfather and brother to collect camomile flowers in the fields. These are used to make tea and medicines. We work from the morning until about 3.30 in the afternoon. I really like the work. The camomile looks beautiful and there are butterflies and bees flying around. In summer I also like picking berries to eat and wild mushrooms which I find in between the fir trees.